



AUTAN ACTIVE £5.29

DR KIRI STANLEY, 29, a researcher, from Reading, Berkshire, says: "I don't like it. It's greasy, doesn't dry properly – and it stinks. I definitely wouldn't buy it even though I only got a few bites."

**Landings 7
Bites 3
Rating 7**

MOSI-GUARD £5.59



DR SUSAN YOUNG, 28, from Glasgow, says: "It smells slightly chemically but is not offensive. It does not feel sticky but is a bit slimy – like a bad suntan oil. But I didn't get a single bite."

**Landings 1
Bites 0
Rating 10**



BUZZ OFF £3.75

ANDY STEPHENSON, 22, a laboratory assistant, from Durham, says: "It smells lemony, which I like, and it dried quickly. It's not especially sticky, either. I didn't get a single bite but a few mozzies landed on me."

**Landings 7
Bites 0
Rating 9**

JUNGLE FORMULA £5.59

VERONICA MANDS, 27, a scientific officer from Forfar, Angus, says the Jungle Formula has few side-effects: "It doesn't have much of a smell and it dried very well. But I did get a few bites."

**Landings 10
Bites 4
Rating 8**



NEEMCARE £6.40

THIS was also tried by Andy Stephenson, who says: "It smelled like a herb garden and I liked that it was so natural. It was easy to use because it was a spray – but it didn't work. Loads of mosquitoes landed on my hands and they were covered in bites. It wouldn't be much good on your hols."

**Landings 76
Bites 20
Rating 3**

MARMITE £1.18

KORNELIA DEWALD, 26, a history student from Germany, says: "I still got bitten after eating heaps of the stuff. But they stayed away when I rubbed it on my arm."

**Landings 25
Bites 3
Rating 8**



NO PROTECTION

JUST to make sure the mosquitoes were really hungry for blood, we asked Veronica to see what would happen with no repellent. She reports: "I was bitten to pieces – 20 times in three minutes."

● Our tests were carried out at In-Phase Ltd, a commercial off-shoot of the University of Edinburgh, at Roslyn, Midlothian.

Eat Marmite to beat mozzies

WE STICK HANDS IN JAR OF MOSQUITOES TO TEST BEST PRODUCTS

FED up with being bitten alive by mosquitoes on holiday? Then try slapping lashings of Marmite on to your breakfast toast.

Boffins reckon eating food high in vitamin B, like Marmite, makes you smell less attractive to mozzies.

There is also evidence that garlic and citrus juice are similarly potent in battling the bugs.

Dr Alison Blackwell, of the Centre for Tropical Veterinary Medicine at the University of Edinburgh, told Sun Health: "Mosquitoes are very sensitive to smell and what you eat could affect how much of a

By SCOTT HUSSEY

target you become. There is a suggestion that foods which are high in B vitamins, such as Marmite, make you less attractive to mosquitoes.

"There is also evidence that garlic puts them off biting you – although you would need to eat quite a few cloves – and they hate citrus too."

But watch out when you are rushing about in a sweat because mozzies love body odour, warm flesh and a moving target.

Also, stick to repellents free of DEET. This potent chemical, sometimes listed on product packaging as

N,N-diethyl-meta-toluamide, can irritate the skin and eyes and can cause drowsiness. Long-term exposure has even been linked to muscle weakness. It seeps through skin and kids are thought most at risk.

Dr Blackwell got volunteers to test a range of DEET-free repellents.

Our brave testers applied repellents then put an arm into a box buzzing with 50 mozzies and counted how many landed on them and bit them. Above they mark the repellents out of ten.

We also got one plucky lass to put her arm in with NO repellent – and another after scoffing Marmite.